Starting a Career in Public Health webinar

Description:
Landing a dietetic job in your area of passion takes planning and networking. This webinar will include stories and suggestions from three RDNs who successfully launched a career in public health and community nutrition. The panel presentation will be followed by a question and answer segment open to the participants.

This webinar will identify the skills needed for an entry level position in public health nutrition. The panelists will present information based on their experience both in beginning their careers in public health as well as advancing their careers in the field. The participants will discover skills and tactics that facilitate career advancement and help them construct a plan for a job search in the area of public health and community nutrition.

Objectives
1. Define the skills needed for an entry level position in public health nutrition
2. Discover skills and tactics that facilitate career advancement
3. Construct a plan for a job search in the area of public health and community nutrition

Learning Need Codes:
1130, Verbal communication skills, presentations
1140, Written communication skills, publishing
1120, Time and stress management, life balance

Performance Indicators:
8.3.4 Enhances knowledge to foster career advancement.
8.3.1 Maintains the knowledge and skill to manage a variety of disease states and clinical conditions
8.3.2 Implements a plan for continual professional improvement
Panelist Bio
Alicia Grove began working at the Colorado Department of Education, School Nutrition Unit in August 2018 and became an RD a couple months later. Within School Nutrition she oversees food safety, charter schools, Residential Child Care Institutions, and new School Food Authorities. She leads Administrative Reviews and is an integral part of the training team. Alicia designs online trainings, edits training materials, and evaluates school nutrition training impact. Alicia came to Denver from Fort Collins where she completed her MS in Food Science and Human Nutrition with a focus on Community Nutrition at Colorado State University. She is originally from Richmond, VA and worked in clinical research at VCU Massey Cancer Center for several years. Alicia completed her BA in psychology from the University of Virginia. She has been involved with the Academy as the Student Committee Chair for the PHCNPG and the Student Representative for ANDPAC. Alicia is currently the Policy and Advocacy Leader for PHCNPG. In her free time Alicia enjoys running, trying new recipes, reading, exploring Colorado, skiing, hiking, and reducing food waste!

Panelist Bio
Heather Dimeris serves as the Deputy Associate Director for the Federal Office of Rural Health Policy (FORHP), Health Resources and Services Administration (HRSA) at U.S. Department of Health and Human Services and she is a Commander (CDR) in the United States Public Health Service (USPHS). She joined the FORHP in 2003 as a Public Health Analyst and managed operations as the Associate Director and Senior Advisor from 2007 to 2016. CDR Heather Dimeris currently oversees a broad range of rural health activities within FORHP, with an emphasis on telehealth, rural health policy, and rural health research. CDR Dimeris also serves as the Chair-Elect for the USPHS’s Dietitian Professional Advisory Committee.

Prior to working at HRSA, Heather Dimeris was dietitian for Malden Hospital in Massachusetts. She holds a Master of Science degree in public health nutrition from Case Western Reserve University and a Bachelor of Science degree in dietetics from Indiana University of Pennsylvania.

Panelist Bio
Gabby Headrick is a first-year doctoral student at the Johns Hopkins Bloomberg School of Public Health. Prior to returning to school, Gabby worked as a Public Health Dietitian at the Cambridge Public Health Department in Cambridge, MA. She began working in this role following the completion of a coordinated program where she received her MSPH from the Johns Hopkins Bloomberg School of Public Health while completing her dietetic internship within Johns Hopkins Bayview Medical Center and Johns Hopkins Hospital. Working as Public Health Dietitian was the perfect entry point into the field of public health nutrition and provided invaluable experience in the community and within local government before returning to the field of public health nutrition research. Without building a network through the Academy of Nutrition Dietetics and focusing on gaining practical field experience throughout her education, Gabby believes she would have never landed that first job as an entry level RDN.
Moderator Bio

Dr. Jody Vogelzang is a nationally recognized registered dietitian nutritionist (RDN) and an Academy of Nutrition and Dietetics Medallion recipient. She holds a bachelor’s degree in dietetics from Michigan State University, a Master of Science in Health Science from Grand Valley State University, a Master of Arts in Biology from Miami University, and a PhD in Health Services with a specialization in Community Health from Walden University. She is also certified health educator (CHES) and a Fellow of the Academy of Nutrition and Dietetics (FADA and FAND). Vogelzang has served as a delegate and on the leadership team for the HOD and the BOD.